



from  
**\$1,379**  
Includes land  
and Cruise



# Western Mediterranean Cruise

Featuring Spain, France, Italy and Tunisia with 2 nights in Barcelona

## 11 Days • 23 Meals

**T**he Western Mediterranean – A Treasure Trove of historic sites. Join us as we explore Barcelona home to flamenco, tapas and Gaudi; Marseille with its legendary port and gateway to Provence; Genoa birthplace of Christopher Columbus; Naples and the ancient Roman city of Pompeii; Palermo a city of art and culture; Tunis with its Roman ruins at Carthage and exotic bazaars; Finally Palma de Mallorca with its famous beaches and medieval district.

**Departure Date:**  
October 22, 2008



**MAYFLOWER TOURS**  
Deluxe Escorted Holidays  
[www.mayflowertours.com](http://www.mayflowertours.com)



# Western Mediterranean Cruise



Flamenco Dancers in Barcelona, Spain

## Welcome to Barcelona, Spain

Your journey begins in bustling Barcelona one of the most flamboyant and loved cities in the Mediterranean. Las Ramblas and Gaudi's Sagrada Familia Church are among the favorite sights. Many galleries and the Picasso museum make it an art lover's dream. After an evening's stay in this vibrant city, board MSC Cruises' *Orchestra*, your luxurious home for the next seven nights.

## Marseille, France

### An Ancient City with Archeological Riches

With 26 centuries of history, Marseille is the most renowned city in France after Paris, with a population of more than one million people. It is the gateway to the spectacular scenery and well-preserved town and villages of Provence with famous Aix-en-Provence former home of artist Paul Cézanne. In modern times, Marseille has been called "the New Orleans of France" because it serves as the crossroads of world traffic. The colorful Vieux Port, the main harbour and marina of the city, is guarded by two massive forts. Dozens of cafés line the waterfront. The Quai des Belges, at the end of the harbour, is the site of the daily fish market. With diverse ethnicity, interesting museums, and striking monuments, you'll find Marseille a fascinating city, blending classic with contemporary culture.

Longchamps Palace in Marseille, France



## Genoa, Italy

### The Most English of all Italian Cities

The birthplace of Christopher Columbus is full of refined palaces and elegant churches, standing next to humble houses. Museums are filled with Renaissance art from the city's illustrious past. Genoa boasts several spots on the World Heritage List, among them the 16th century Via Garibaldi, with its magnificent palaces, lovely gardens and frescoes. Genoa is also home to the world's oldest working lighthouse, Genoa's city landmark. Take a walk in the historic center with its street vendors and smell the coffee, intermingled with the flavor of pesto sauce. A 19th century writer said, "I have never seen anything like Genoa! It's something indescribably beautiful, grandiose, distinctive," words that remain as true today as they did then.

Genoa, Italy



## Naples, Italy

### Home of the Original Pizza Pie

The third biggest city in Italy, Naples is a lively and vibrant port, full of fascinating history, artistic treasures and narrow, winding streets. Visit the Spaccanapoli, mainly a pedestrian zone, with its many churches, buildings and shops, the 13th-century Gothic cathedral and the oldest castle in Naples. It also includes a 4th century basilica (the oldest church in Naples), a baptistry, and Renaissance crypt. This is the city where pizza was born, so make sure you taste the world's best pizza, baked in wood-burning ovens and accompanied by a glass of the local vino. Nearby are the well preserved ashen Roman ruins of Pompeii excavated from the volcanic fury of Mount Vesuvius.

Palermo Cathedral



## Palermo, Sicily

### The Biggest Island in the Mediterranean

As Sicily's largest, most cosmopolitan city, Palermo has a history that dates back some three thousand years with beautiful palaces and churches, colorful markets and a distinct cultural identity. See the Four Corners of Palermo, where each 17th-century Spanish Baroque facade is adorned with a statue, truly one of the city's most memorable sights. Tour the famous Norman Cathedral and Capuchin catacombs. Walk along the cobbled streets and stop in the delightful pastry shops. Try granita, the flavored ices. Shop on the pedestrian Via Belmonte for Sicilian-made treasures like ceramic items and original jewelry.



## *Tunis, Tunisia*

### **Of Mosques and Mausoleums**

With a history that dates back to the 2nd century, Tunis is the capital city of Tunisia. The medina of Tunis is an important World Heritage Site with more than 700 monuments of ancient mosques and masoleums. The ruins of Carthage are nearby as is the Bardo Museum offering a collection of Roman mosaics and other antiquities. But what you won't want to miss is the lively souk or marketplace where you can buy handicrafts of gold, bronze and olive wood as well as watch the artisans weave brightly-colored fabric with hand looms.



*Medina Bou Said in Tunis, Tunisia*

## *Palma de Mallorca, Balearic Islands, Spain*

### **A Vibrant Port with a Historic Past**

Amid fishing boats, pine groves and palm trees lies the capital of the island of Mallorca, famous for its beaches and beautiful sea. Stand in awe of the grand gothic cathedral, the Palace of L'Almudaina, a former residence of the Majorcan monarchs, now a museum and the Museum of Modern Art with famous works by Cézanne, Gauguin, and Picasso. Visit the fish market and Plaza Mayor. Behind the 18th century walls that kept pirates at bay, the historic quarter is concealed. Yet old churches, palaces and stately mansions speak of its prosperous past.



*Cathedral Palma de Mallorca*

## *Barcelona, Spain*

### **Home to the Renowned Works of Gaudi and Picasso**

Once you disembark *MSC Orchestra*, Mayflower has arranged a panoramic sightseeing tour of this dazzling European capital. The lively pedestrian Ramblas and stylish modern buildings create a cultural energy with glorious Art Nouveau architecture that lines the streets. Antoni Gaudí is the most famous designer, leaving behind his masterpiece, the Sagrada Família church, as well as innovative houses and apartment buildings throughout the city. Barcelona also boasts an astounding legacy of important Romanesque and Gothic works and modern galleries containing the life's work of Joan Miró and collections from Pablo Picasso.

Join us for this once-in-a-lifetime tour and explore the wonders of the Mediterranean coast!

## **Hotel Accommodations**

**Days Three through Nine** – *MSC Orchestra*

**Days Two and Ten** – Tryp Apolo or NH Hotel, Barcelona, Spain

## **Day by Day**

- **Services of a Professional Tour Manager**
- **Round trip scheduled air transportation when international air is purchased through Mayflower Tours**
- **23 Meals (7 dinners, 7 lunches and 9 breakfasts)**
- **Round trip airport transfers when international air is purchased through Mayflower Tours**
- **\$55 in future travel credits**

### **Day One**

- Transatlantic flight to Barcelona, Spain

### **Day Two**

- Arrive in Barcelona and meet your local guide who will assist you with the group transfer to your hotel
- Afternoon and evening at leisure

### **Day Three**

- Morning at leisure
- Optional excursion to nearby Montserrat ending at the ship
- Transfer to pier and embark *MSC Orchestra*
- Dinner onboard
- Set sail onboard *MSC Orchestra*

### **Day Four**

- Breakfast, lunch and dinner onboard
- Port of Call – Marseille, France
- Optional excursions

### **Day Five**

- Breakfast, lunch and dinner onboard
- Port of Call – Genoa, Italy, birthplace of Christopher Columbus
- Optional excursions

### **Day Six**

- Breakfast, lunch and dinner onboard
- Port of Call – Naples, Italy
- Optional excursions

### **Day Seven**

- Breakfast, lunch and dinner onboard
- Port of Call – Palermo, Sicily
- Optional excursions

### **Day Eight**

- Breakfast, lunch and dinner onboard
- Port of Call – Tunis, Tunisia
- Optional excursions

### **Day Nine**

- Breakfast, lunch and dinner onboard
- Port of Call – Palma de Mallorca, Spain
- Optional excursions

### **Day Ten**

- Breakfast onboard *MSC Orchestra*
- Disembark *MSC Orchestra*
- Meet your local guide for a guided panoramic tour of Barcelona ending at your hotel
- Afternoon optional excursion to Gaudi Museum
- Evening at leisure

### **Day Eleven**

- Breakfast at your hotel
- Group transfer to Barcelona Airport for flights home



# Welcome Aboard the MSC Cruises' Orchestra

## Seven nights round trip from Barcelona



"Beautiful! Passionate! Italian," this is the essence of a cruise aboard the MSC Orchestra, the new jewel of the sea which features 18 decks, a fitness/relaxation area, jogging track, sauna, Turkish bath, swimming pools, restaurants, theatres, clubs, shopping and more, all to meet your every desire. Inspired from the greatest symphonies of classical European composers, MSC Orchestra boasts the ultimate in Italian elegance for your relaxation and comfort. You'll be delighted by this truly exceptional ship that is both modern and full of character.

### 11 Days • 23 Meals

#### Departure Date

October 22, 2008

#### Per Person Rates

	Land/Cruise Only	
	inside cabin	outside cabin
<b>Twin</b>	\$1,379	\$1,749
<b>Single</b>	\$2,169	\$2,739

#### Air & Land/Cruise Includes airfare out of Dulles

	inside cabin	outside cabin
<b>Twin</b>	\$2,379	\$2,749
<b>Single</b>	\$3,169	\$3,739

#### Your tour includes:

- 23 Meals (7 dinners, 7 lunches and 9 breakfasts)
- Round trip airport transfers
- Fully escorted by a Professional Tour Manager
- \$55 in future travel credits
- Guaranteed Share Program

To cover various departure and arrival air taxes please add \$100 per person to the Air & Land/Cruise price. Above air inclusive prices include a fuel surcharge of \$250 per person.

Port charges - add \$230 per person to the above prices

Optional excursions will be available for purchase prior to departure and sold in U.S. dollars. Last minute sales of optional excursions will be available for purchase in Barcelona and onboard ship in Euro.

Taxes and fuel surcharge are subject to change

### Payment Information

**\$399 deposit with Travelers Protection Plan**

\$200 deposit without Travelers Protection Plan

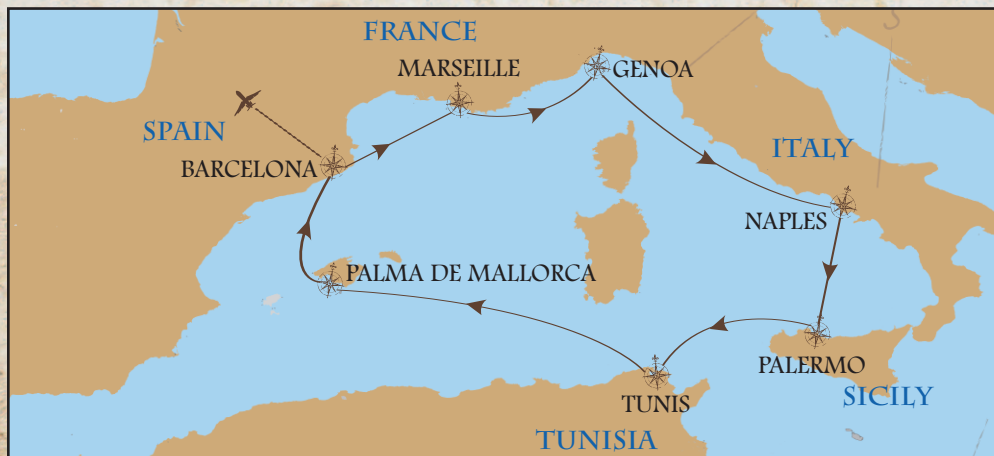
**Final Payment Is Due By:**  
60 days prior to departure

**Make Checks Payable To:**  
Mayflower Tours

**Mail Deposit and Final Payment To:**  
Julie Harris  
NIH Recreation & Welfare Association  
9000 Wisconsin Avenue  
Bldg. 31, Rm BI W30  
Bethesda, MD 20892

#### For Information Contact:

Julie Harris 301-496-6061 or  
Liz Unger 410-647-6363



#### Passport & Visas

Each U.S. citizen must have a valid passport. Expiry date of passports should be at least 6 months after the return date of tour. If you don't have a passport, call our office and we'll tell you how to apply for one. Some countries require visas for entry by U.S. citizens. We will send visa applications and instructions if a visa is required for your tour. Holders of non-U.S. passports should contact their nearest consulate and inquire about the necessary passport or visa documentation required for entry into the countries visited. NOTE: Due to airline security measures, your passport name must match your airline ticket name and your tour reservation name or you may be denied aircraft boarding.

#### Travelers Protection Plan (TPP) \$199

This nonrefundable fee waives all cancellation fees when we are notified of cancellation before the tour departs. If you must leave the tour early due to personal illness, illness or death of a member of your immediate family, TPP guarantees full refund for any unused services after the departure of the tour. Other benefits include medical expenses for illness and injury, emergency transportation, 24 hour hot line, and lost or stolen baggage assistance. Return air transportation is included ONLY if your air tickets were provided by Mayflower Tours.

#### Without Travelers Protection Plan (TPP)

- 91 days or more prior to departure: full refund
- 90 to day of departure: 100% of total tour
- No refund on unused portions of the tour

#### Travelers Protection Plan (TPP)

Exclusions: Mayflower Tours reserves the right to alter its refund and cancellation policy when a substantial amount of cancellation or postponement of travel is attributable to: conditions resulting from an act of God, natural or man-made disaster, fire, government action, civil disorder, war, hostilities between nations, or unavailability of transportation through no fault of Mayflower Tours.



PLEASE PRINT, CUT OUT AND MAIL WITH DEPOSIT.

### Western Mediterranean Cruise

**Departure Date:** October 22, 2008

#### Accommodations:

- ☐ Twin ☐ Single ☐ Guaranteed Share

#### Cabin:

- ☐ Inside ☐ Outside

- ☐ \$499 **With** Travelers Protection Plan  
☐ \$300 **Without** Travelers Protection Plan

Check Amount Enclosed \$ \_\_\_\_\_

- ☐ I have enclosed Mayflower Money

### NIH & NOAA RECREATION & WELFARE ASSOCIATION

1041742

The name on your passport must match the first and last name on your reservation. A copy of your passport must be provided to Mayflower Tours 75 days prior to departure.

Rooming with \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_